

October 19, 2023



MISSION STATEMENT

Called into community by the Spirit, we worship our Creator in the reformed tradition. We proclaim God's love by welcoming all seeking to know and serve Christ and to join us as we share His love in the community.

VISION STATEMENT

Continuously creating a vital congregation of faith, open to all, as we worship God, and boldly answer Christ's call to service.

Friday, October 20, 2023

Sue Warner Memorial Service & Reception 2:00pm

Sunday, October 22, 2023

Sunday School All Ages 9:00 am

Worship: 10:15 am

Sunday, October 29, 2023

Sunday School All Ages 9:00 am

Worship: 10:15 am

Vocal Choir Rehearsals: Weekly Wednesday 7 pm – 8:15-ish pm in the sanctuary

No auditions, just come and sing. Although reading music is a plus, it is not a requirement.

We practice each piece over several weeks. Audio tracks are available for additional help and review



If you like to sing, consider joining us in this ministry. Questions? contact Karen Petty, choir director

Staying Connected

Streamed and Recorded Services: <https://stppc.org/virtual-worship/>

Ask for a Prayer Request: Email prayer-network@stppc.org or pastor@stppc.org

Join Prayer Network Email List: Send email w/subject "Join List" to prayer-network@stppc.org

Food Pantry volunteer signup: <https://www.signupgenius.com/go/904084faaa629a1ff2-fpvolunteer>

View Church Calendar: <https://stppc.org/whats-happening/church-calendar/>

Add to Church Calendar Send request to office@stppc.org

Submit to the Newsletter Send request to newsletter@stppc.org

Offerings/Donations

You may mail a check to: St. Paul Presbyterian Church
18901 E. Hampden Ave.
Aurora, CO 80013

Online Donation options: <https://stppc.org/donations/>

In person donations: Sunday during Worship or office during office hours

St. Paul Presbyterian's YouTube Channel

Scan this code with your smartphone to go to our YouTube channel or

<https://www.youtube.com/channel/UC8VC2Q0iii62pJyIIntYmOQ>



Hours

Sunday School – All Ages 9:00 am

Sunday Worship 10:15 am

Office Volunteer Hours 10:00 am – 2 pm Mon-Thurs; closed Friday

Please note: Our church office is run by volunteers. We appreciate your patience when we step away from the desk. If you reach voice mail, please leave your name/number, and who you are trying to reach so we can return your call. Thank you!

Please send submissions to newsletter@stppc.org

Submission Deadline	Publishes
Tuesday Oct 31: noon	Thursday Nov 2
Tuesday Nov 14: noon	Thursday Nov 16
Tuesday Nov 28: noon	Thursday Nov 30

Refrigerator Reminder Page

Submit all calendar dates to office@stppc.org

Full Calendar (all churches and activities) at: <https://stppc.org/whats-happening/church-calendar/>

THURS	10/19	11:30 am	Elderberries at Rosie's Diner
FRI	10/20		Office Closed
		6:00 pm	Girl Scouts [Fellowship Hall]
		2:00 pm	Sue Warner's Memorial Service (Sanctuary) reception afterward
SAT	10/21	5:00 pm	MMF Fellowship Setup [Fellowship Hall]
SUN	10/22	9:00 am	Sunday School All Ages
		10:15 am	Worship [Sanctuary & Live Stream]
		after worship	NO Food Pantry Box Packing
		after worship	Fellowship Reception of New Members
MON	10/23	9:30 am	Food Pantry Setup [Fellowship Hall]
		10:00 pm	Food Pantry Box Packing [Fellowship Hall]
		4:00 pm	MoFS
TUE	10/24	10:00 am	Food Pantry [Fellowship Hall]
		10:00 am	Prayer Shawl Ministry
WED	10/25	7:00 pm	Vocal Choir Rehearsal [Sanctuary]
THURS	10/26		
FRI	10/27		OFFICE CLOSED
		6:00 pm	Girl Scouts [Fellowship Hall]
		6:30 pm	Game & Craft Night [Narthex]
SAT	10/28	5:00 pm	Auction Setup
SUN	10/29	9:00 am	Sunday School All Ages
		10:15 am	Worship [Sanctuary & Live Stream]
		after worship	Fundraiser Auction (Food Pantry) & Lunch (NAKAI)
MON	10/30	9:30 am	Food Pantry Setup [Fellowship Hall]
TUE	10/31	10:00 am	Food Pantry [Fellowship Hall]
		Noon	St Paul News submission deadline [newsletter@stppc.org]
WED	11/01	7:00 pm	Vocal Choir Rehearsal [Sanctuary]
THURS	11/02		St. Paul News publishes today
		6:30 pm	Deacons

Plan Ahead

- **November 5th – Clocks Change [Fall Back]**
- **November 16th - Free** Emergency Preparedness Workshop for Adults – details to follow!!
- **November 22nd** - traditional Thanksgiving Eve service followed by a dinner of chili and pie.
- **November 26th** - Christ the King Sunday
- **December 2nd** - Hanging of the Greens

October Celebrations

If we have missed your birthday or anniversary, we apologize.

Please leave a note in the church office, email office@stppc.org, or call the church office at 303-693-3434 so we can make sure your birthday, anniversary, and other important information is recorded.

Happy Birthday

Gary Childress	2-Oct
Nathaniel Larson	9-Oct
Christopher Ford	9-Oct
Sophie Crownover	10-Oct
Luke Hopkins	26-Oct
Liz Ludchak	27-Oct
Katie Ford	29-Oct
Scott Carlson	29-Oct

Happy Anniversary

Richard & Irene Hartung	4-Oct
Cheryl & Doug Wetzel	28-Oct



Celebration of the Life of Sue Warner
Friday October 20th, 2:00pm
Reception following service

November Celebrations

Happy Birthday

Greg Hopkins	1-Nov
Jennifer Gaudreau	2-Nov
Gayle Fidler	4-Nov
Ayla Ludington	4-Nov
Jett Capobianco	6-Nov
Louella Grgic	7-Nov
Jason Rurup	10-Nov
Jeanne Sheridan	15-Nov
Stephen Hill	20-Nov
Joelle Brouner	20-Nov
Lanette Moe	21-Nov
Gayle Downen	23-Nov
Rose Ludchak	29-Nov
Conrad Parra	30-Nov
Theodore Klaus	30-Nov

Happy Anniversary

Ginger Norman & Michael Gobla	20-Nov
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Pastor Appreciation



World Communion Potluck



Ministry of Membership & Fellowship (MMF)

MINISTRY OF MEMBERSHIP & FELLOWSHIP (MMF) MID OCTOBER EVENTS

Sunday, October 22nd, Regular Fellowship: Meeting in our Fellowship Hall, immediately following our worship service. We welcome you to bring light refreshments. Please join us, as we are so excited to celebrate our new members!

Friday, October 27th, Game & Craft Night: 6:30-8pm, meeting in the Narthex. Bring a favorite board or card game that we can play together. If you prefer, bring a craft project you have been working on. We are always excited to see the projects as they near completion. Bring a snack to share and be prepared to have fun!

MINISTRY OF CHRISTIAN EDUCATION



Boxes and checks will be collected in the offering plates or church office no later than the 2nd Sunday in November. Thank you everyone for contributing to this very worthwhile cause. UNICEF meets the mission focus of St. Paul in caring for children.



STPPC Food Pantry (MMO)

VOLUNTEERS: *Please sign up*—help is needed in October.
[FPGroup: FP Volunteer Signup \(signupgenius.com\)](https://signupgenius.com)—
Click the previous link to signup to volunteer.



Take a picture to sign up!

Tuesday the 17th there were only 3 volunteers. It was a very busy day. Please check the calendar above and sign up to work. Usually there are at least 2 people who show up without signing up, but there was no one extra. **Please sign up!!!**

Need has increased: Tuesday the 10th—**65 Boxes**—new clients!
Tuesday the 17th—**69 Boxes**—again new clients!

October 1, 2023, Food Pantry Balance \$4,240.

October 9, 2023, Food Bank of the Rockies order: \$1,221.03 and 2,071 pounds. Purchasing boxes at \$0.70 each. Tape donated.

No box packing after church Sunday the 22nd—not enough food. Delivery on Monday the 23rd—box packing at 10 am if you can join us.

No box packing after church on Sunday the 29th. THE AUCTION

See Bulletin Board next to food pantry for October Client Newsletter.



THE AUCTION

Join the Committee after church in the Narthex to get forms that need to be completed for donated items.

Remember to bring your items on Saturday the 28th between 5 and 7 pm.

The Auction starts at 8 am on Sunday the 29th.



CHRISTMAS SHOP FOR A CAUSE AT

THE AUCTION

Fundraiser for the STPPC Food

Pantry and Nakai (Zimbabwe Women's Health)

SUNDAY, OCTOBER 29, 2023

8 – 12 (closed 10:15 to 11:15 service)

See Sue Shaw for Poster originals to share at your work or with friends.

CASH AND CARRY
(purchase immediately)

Homemade and
Lightly used items



SILENT AUCTION

Various Items
Donated

**LUNCH AVAILABLE
FOR PURCHASE \$10
BENEFIT NAKAI
MISSION PARTNERSHIP**



PRAYERS

- ♥ Tina Lantang and Freddy Ticoalu – A prayer of joy that they will be going to Indonesia to visit family.
- ♥ Continued prayers for Rich and Irene Hartung and family as Irene has been moved to hospice care.
- ♥ Colleen Green - Please pray for the family of my friend Delbert “Jackie” Gleason. Delbert died October 9th. He did get to meet and hold his newest great-grandson before he moved on to be reunited with his wife.
- ♥ The continued battle between Israel and Gaza as thousands are killed, injured, kidnapped, and millions have been displaced.
- ♥ There were more than 2000 killed and more than 9000 injured in an earthquake in Afghanistan, devastating at least 12 villages.
- ♥ Ora Brown – her sister Phyllis, is being moved to hospice. They will do an evaluation this week, but her care has become beyond what she has now. Please pray for Phyllis, her family and medical team. *Update: My Niece just called - Phyllis passed away approximately 20 minutes ago. (Tuesday, Oct. 17)*
- ♥ Sarah Hall – prayers for Gary as he is fighting an infection in one of his incisions. He has seen a wound care specialist, but it has gotten worse.
- ♥ Michelle Girard – continued prayers for Lois and Mike (Mom and Dad). Hoping Mom will get into rehab soon so Dad can get to his doctor’s appointments. She is healing nicely. Travel mercies for brother, Jerry as he travels back to Bahrain on Thursday.
- ♥ Michelle Girard - Emma had an appointment at Jewish Hospital on Tuesday. Prayer for answers and relief as she was sick again last week.



Autumn Suggestions



Parents: When you find your children have too much candy, have them select an amount you approve. Work with your children to write a note to the Great Pumpkin asking them to take it to donate and leave something in exchange – even a coupon or tickets to an event, corn maze, etc.

Lemon-Parm Popcorn

Perk up your popcorn with a bit of lemon pepper and Parmesan cheese.

Cook Time: 5 mins Total Time: 5 mins Yield: 2 servings, 1 1/2 cups each

Ingredients

2 teaspoons extra-virgin olive oil
½ teaspoon lemon pepper
Pinch of salt
3 cups air-popped popcorn
1 tablespoon freshly grated Parmesan cheese

Directions

Whisk oil, lemon pepper and salt in a small bowl. Drizzle over popcorn and toss to coat. Sprinkle with Parmesan and serve immediately.

Nutrition: Per serving: Serving Size 1 1/2 cups 99 calories; total carbohydrate 10g; dietary fiber 2g; total sugars 0g; protein 2g; total fat 6g; saturated fat 1g; cholesterol 2mg; vitamin a 48iu; folate 4mcg; sodium 199mg; calcium 22mg; iron 0mg; magnesium 18mg; potassium 44mg

<https://www.eatingwell.com/gallery/7995978/easy-packable-snacks-for-fall/>

Roasted Butternut Squash Seeds

Don't throw away your butternut squash seeds; roast them instead! Roasted butternut squash seeds make a great snack or salad topper. Enjoy them plain or jazzed up with one of the variations below.

Active Time: 5 mins **Total Time:** 30 mins

Ingredients

¼ cup butternut squash seeds, rinsed and patted dry
½ teaspoon extra-virgin olive oil
Pinch of salt

Directions

Preheat oven to 325°F. Toss squash seeds, oil and salt together on a large rimmed baking sheet; spread in a single layer. Roast, stirring halfway through, until the seeds start to pop and are lightly browned, 14 to 15 minutes. Let cool on the baking sheet for 10 minutes.

Nutrition: Per serving: Serving Size 2 Tbsp. 95 calories; total carbohydrate 2g; dietary fiber 1g; protein 4g; total fat 8g; saturated fat 1g; sodium 75mg; potassium 111m

Flavor Variations:

- Sweet & Spicy: Stir in 1/2 teaspoon light brown sugar, 1/4 teaspoon ground cinnamon and a pinch of cayenne pepper with the oil and salt. Proceed as directed.
- Taco Seasoning: Stir in 1/4 teaspoon chili powder, 1/8 teaspoon ground cumin, 1/8 teaspoon dried oregano and 1/8 teaspoon garlic powder with the oil and salt. Proceed as directed.
- Curry Seasoning: Stir in 1/2 teaspoon curry powder and 1/4 teaspoon ground coriander with the oil and salt. Proceed as directed.