

**January 12, 2023**



**MISSION STATEMENT**

*Called into community by the Spirit, we worship our Creator in the reformed tradition. We proclaim God's love by welcoming all seeking to know and serve Christ and to join us as we share His love in the community.*

**VISION STATEMENT**

*Continuously creating a vital congregation of faith, open to all, as we worship God, and boldly answer Christ's call to service.*

**Sunday, January 15, 2023**



**Children/Youth Sunday School - 9:00 am**  
**Adult Education classes - 9:00 am**  
**Worship at 10:15 am**



**Sunday, January 22, 2023**



**Children/Youth Sunday School - 9:00 am**  
**Adult Education classes - 9:00 am**  
**Worship at 10:15 am**



**Congregation Meeting following worship before the monthly Potluck Fellowship.**

## Staying Connected

Streamed and Recorded Services: <https://stppc.org/virtual-worship/>

Ask for a Prayer Request: Email [prayer-network@stppc.org](mailto:prayer-network@stppc.org) or [pastor@stppc.org](mailto:pastor@stppc.org)

Join Prayer Network Email List: Send email w/subject "Join List" to [prayer-network@stppc.org](mailto:prayer-network@stppc.org)

Food Pantry volunteer signup: <https://www.signupgenius.com/go/904084faaa629a1ff2-fpvolunteer>

View Church Calendar: <https://stppc.org/whats-happening/church-calendar/>

Add to Church Calendar Send request to [office@stppc.org](mailto:office@stppc.org)

Submit to the Newsletter Send request to [newsletter@stppc.org](mailto:newsletter@stppc.org)

## Offerings/Donations

You may mail a check to: St. Paul Presbyterian Church  
18901 E. Hampden Ave.  
Aurora, CO 80013

Online Donation options: <https://stppc.org/donations/>

In person donations: Sunday during Worship or office during office hours

## St. Paul Presbyterian's YouTube Channel

Scan this code with your smartphone to go to our YouTube channel or

<https://www.youtube.com/channel/UC8VC2Q0iii62pJyIIntYmOQ>



## Hours

**Youth Sunday School & Adult Education** 9:00 am

**Sunday Worship** 10:15 am

**Office Volunteer Hours** 10:00 am – 1 pm Mon-Thurs; closed Friday

**Please note:** Our church office is run by volunteers. We appreciate your patience when we step away from the desk. If you reach voice mail, please leave your name/number, and who you are trying to reach so we can return your call. Thank you!

## St Paul News Publication Schedule – every other week

Please send submissions to [newsletter@stppc.org](mailto:newsletter@stppc.org)

Submission Deadline	Publishes
Tuesday Jan 24: noon	Thursday Jan 26
Tuesday Feb 7: noon	Thursday Feb 9
Tuesday Feb 21: noon	Thursday Feb 23
Tuesday Mar 7: noon	Thursday Mar 9

# Refrigerator Reminder Page

Print this page--Highlight those STPPC activities you want to remember.

**Submit all calendar dates to [office@stppc.org](mailto:office@stppc.org)**

Full Calendar (all churches and activities) at: <https://stppc.org/whats-happening/church-calendar/>

THURS	1/12	7:00 pm	Session
FRI	1/13		<b>OFFICE CLOSED</b>
SAT	1/14	2:00 pm	Bill Belt's Memorial Service
SUN	1/15	9:00 am	Adult Education and Youth Sunday School
		10:15 am	Worship [Sanctuary & Live Stream]
		after worship	MOW
		after worship	Food Pantry Box Packing
MON	1/16	9:30 am	Food Pantry stocking and setup [Fellowship Hall]
TUE	1/17	10:00 am	Food Pantry [Fellowship Hall]
		12:00 pm	Contemplative Prayer [Sanctuary]
WED	1/18	7:00 pm	Choir Rehearsal [Sanctuary]
THURS	1/19		
FRI	1/20		<b>OFFICE CLOSED</b>
SAT	1/21	9:00 am	Officer Training
		9:00 am	Books & Brunch
		5:00 pm	MMF Fellowship Setup
SUN	1/22	9:00 am	Adult Education and Youth Sunday School
		10:15 am	Worship [Sanctuary & Live Stream]
		after worship	Annual Congregational Meeting followed by Potluck Fellowship
		after worship	MMO
		after worship	Food Pantry Box Packing
MON	1/23	9:30 am	Food Pantry stocking and setup [Fellowship Hall]
TUE	1/24	9:30 am	Prayer Shawl Ministry
		10:00 am	Food Pantry [Fellowship Hall]
		12:00 pm	St Paul News deadline for this week [newsletter@stppc.org]
		12:00 pm	Contemplative Prayer [Sanctuary]
		1:00 pm	Agape [Fellowship Hall]
		5:00 pm	Presbytery Dinner [Fellowship Hall]
		6:00 pm	Presbytery Meeting [Sanctuary]
WED	1/25	7:00 pm	Choir Rehearsal
THURS	1/26		St Paul News posts today

**OFFICE VOLUNTEER HOURS NOW 10am – 1pm. We recommend calling before you come!**

We are not going to cover bad weather days and risk our volunteers driving and walking on ice.

SAVE THE DATE	FOR...
January 28 <sup>th</sup>	BINGO Fellowship, 6:00 pm
February 22 <sup>nd</sup>	Ash Wednesday

## VOCAL CHOIR

Rehearsals are weekly on Wednesday from 7:00 to 8:15-ish pm. in the sanctuary. There are no auditions and - although reading music is a plus it is not a requirement.

So if you like to sing, consider joining us in this ministry.  
Questions? contact Karen Petty, choir director

# January Celebrations

## Happy Birthday

Dave Goss	Jan 1
David Cho	Jan 2
Mia Gordon	Jan 7
Gavin Carlson	Jan 8
Emily Reh	Jan 8
Cassie Parra	Jan 9
Ginger Norman	Jan 14
Zane Capobianco	Jan 31

## Happy Anniversary

Kay & Mike Cary	Jan 29
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*If we have missed your birthday or anniversary, we apologize.*

Please leave a note in the church office,  
email [office@stppc.org](mailto:office@stppc.org),  
or call the church office at 303-693-3434

## FELLOWSHIP HALL USE

When using the Fellowship Hall, please do not block the Food Pantry door, the Sound Equipment door, or the Storage Room door. Also, be sure to leave a walkway out the door to parking. Sunday after church is Food Pantry box packing and room is needed. Some set ups could be considered a fire hazard if people can't get to the doors.



Empty all trash cans into the big black trash can, then take the trash to the dumpster. Put a new bag in the trash can.

## Bill Belt's Memorial Service will be January 14<sup>th</sup> at 2:00pm at St. Paul Presbyterian Church.

A reception will be held from 4:00 pm – 6:00 pm at:  
Fairfield Inn  
24192 E. Prospect Avenue  
Aurora, CO 80016

This located at the Southland Mall across from the Village Inn.



## Annual Congregational Meeting January 22, 2023

The Session of St. Paul Presbyterian Church has called a meeting of the congregation for January 22 following worship. The purpose of the meeting, which will be held in Fellowship Hall, is to receive the reports to the congregation from Session, Deacons, ministry units and staff for the year 2022. Also, annual congregational awards will be presented at the meeting, which will be followed by a fellowship potluck.



## **Life Line Screening at St Paul Presbyterian Church Wednesday, January 25, 2023**

Our church is providing the space as a community service for Life Line Screening, who will be on site on Wednesday, January 25, 2023 to conduct these valuable screenings.

A package of four screenings to identify risk for stroke, heart disease and other chronic conditions will be offered:

### **Carotid Artery Screening (Plaque)**

An ultrasound is performed to screen the carotid arteries (a pair of blood vessels in the neck that deliver blood to your brain) for buildup of fatty plaque. This buildup, called atherosclerosis, is one of the leading causes of stroke.

### **Peripheral Arterial Disease Screening**

An Ankle-Brachial Index (ABI) test is performed using blood pressure cuffs on the arms and legs. It is important to screen for PAD because it increases the risk of coronary artery disease, heart attack, or stroke.<sup>1</sup>

### **Abdominal Aortic Aneurysm (AAA)**

An ultrasound is performed to screen the abdominal aorta for the presence of an enlargement or aneurysm. AAA can lead to a ruptured aortic artery, which is a serious medical emergency.

### **Atrial Fibrillation**

A 6-lead electrocardiogram (EKG) is performed by placing sensors on the arms and legs to screen for Atrial Fibrillation. AFib can lead to blood clots, stroke, and heart failure, and other heart-related complications.<sup>2</sup>

There is a simple, convenient way for you to get preventive health screenings and learn your risk for stroke, heart disease and other chronic conditions.

These painless screenings go beyond your regular checkup to identify dangerous plaque buildup or blockage, a major risk factor for stroke and heart disease. The screenings are accurate, affordable and will give you valuable information about your health that you can share with your doctor.

These 4 vital screenings take 60-90 minutes to complete. Register by calling toll free 1-888-653-6441, text the word "circle" to 216-279-1607 or online at <https://llsa.social/HC>

## Joy in Worship



## Ministry of Membership & Fellowship

### JANUARY 2023 FELLOWSHIP EVENTS

**Sunday, January 22nd, Potluck** and Congregational Meeting, Fellowship Hall, immediately after worship:

Bring a dish to share as we have the opportunity to eat and fellowship together, following our Congregational Meeting.

**Saturday, January 28th, BINGO FAMILY FUN NIGHT, Fellowship Hall**

Dinner starts at 6pm and Bingo is 6:30-8pm

Nacho/Taco Bar provided by MMF. Bring a dessert or supplemental dish to share.

Bring an unwrapped White Elephant item to be used for a Bingo Prize.

**ARE YOU READY? YES, IT'S ALMOST HERE!** Join us for an evening of exciting family fun! Michelle Girard will be leading us in a fun and often hilarious game of Bingo! Come hungry! Bring your family and friends as we start our New Year getting to know each other as we challenge our Bingo savvy and compete for some pretty UNIQUE prizes!



# STPPC Food Pantry



Tuesday, January 3, there were 6 volunteers who gave out 26 boxes. Almost more volunteers than clients?!? It was a snowy day which is usually light on traffic. I went to the church early to shovel, but Dave and Matt were already shoveling. Thanks.

Monday the 9<sup>th</sup> was a pickup from FBR. It was only 1,600 pounds because our traffic the past 2 Tuesdays has been low. Parra's did their amazing job in getting free food from the Fresh Food Market at FBR. The 50 produce bags included peppers, apples, potatoes, tomatoes, avocados, and bread.

**VOLUNTEERS ARE NEEDED TO PICK FROM FBR (IF YOU HAVE A TRUCK) ON MONDAY, UNLOAD ON MONDAYS, AND DISTRIBUTE ON TUESDAYS.** [FPGroup: FP Volunteer Signup \(signupgenius.com\)](#)

Financially the pantry is hanging on. The balance as of December 31, 2022, is approximately \$5,500. Monday's load was only \$1,233.30. Your financial or food donations to the pantry are appreciated.

Tuesday the 10<sup>th</sup>, 56 boxes were distributed. There were 50 produce bags and bread to go with the boxes. Some of the poinsettias were handed out. Glad the flowers could be put to good use. It actually got warm in the sun—volunteers shed their coats.

Cleve also gave out Evergreen/Senior boxes. Sheila continues to make reminder calls so over 8 boxes were distributed.

As always—let me know if you have ideas or suggestions. *Sue*

## Ministry of Finance and Stewardship

### WHAT IN THE WORLD IS *PER CAPITA*?

It's the amount St Paul contributes to Denver Presbytery annually to support the work and the missions of our denomination. Trust me, we get far more support from our Presbytery and PC (USA) than we ever give. Presbytery, in the way of direct grants to St Paul, has provided support back to us generously through the years. These grants have enabled us to improve our church facility, meet emergency repair needs and provide for the ongoing needs of our community.



Your *Per Capita* pays for the programs, training, and resources that help us work together and discern the mind of Christ. By contributing your portion of *Per Capita*, you have freed up dollars in our regular budget for the work and missions of our congregation in the community.

Our 2023 budgeted *Per Capita* is \$3,600 (**\$32.00 per person**) and this amount is really dependent upon you to be able to fulfill St Paul's pledge. This amount per person is beyond any amount you may have pledged and we respectfully ask you to support this worthwhile effort. *Per Capita* envelopes will be available with your bulletins on Sunday, January the 22<sup>nd</sup>, or you may simply notate on your check.

Our 'thank you' from Ministry of Finance & Stewardship...

## PRAYERS




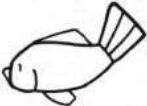

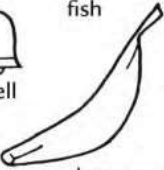

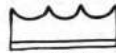









- ♥ Michelle Girard - Lillianna Turvin had surgery on December 30th to have her trach hole closed, using cartilage from her ribs. She did so well she was released on January 5th – well before anticipated. As a bonus joy, Lilli and mom and dad were in church on Sunday. Lillianna is such a trooper. When the congregation clapped for her return, she rewarded us with a princess wave. Prayers for continued healing and rest for mom and dad.
- ♥ Deanna Gordon – prayer for the family and friends of Deanna’s friend, Terry Banza, who passed away.
- ♥ Joelle Brouner - Please pray for Tina Trammer. Her sweetheart died in an accident while visiting his family. In the last six weeks her Dad and her uncle also died. It’s a lot. She is a single mom with three kids.
- ♥ Erika Pepler – please pray for the family and friends of Tamara Lapman, a friend of Erika’s from high school. On Christmas Eve Tamara was murdered by her husband, a man Erika also went to high school with. Prayers that we might find grace for the man who killed her.
- ♥ Randy Ladd and Donna Powell - Randy Ladd's father Bill passed away on the 4th. Randy is currently making plans for the funeral and celebration of life which will take place end-January. Bill was a Korean war veteran and will be interred at the Florida National Cemetery. Prayers for Randy, Randy's mom Helen and Sister Lori would be appreciated.
- ♥ Donna Powell's brother Murray had his leg amputated from complications to diabetes. He is not a candidate for prosthesis. Please pray for him and his wife Kay.
- ♥ Karen Petty - Karen has 2 family members who are very ill: Cousin Ron Gnad (pronounced Knot) is in ICU with Blood Clots in the lungs and in both legs; John Foster (her cousin Becky’s husband) has Cancer of the tongue and lymph nodes. Surgery is to be January 16. Pray for strength, courage and healing for both of these men and for their families.
- ♥ Erika Pepler – a prayer of joy that Sean is celebrating 3 years cancer free.
- ♥ Colleen Green – prayers for her brother, Glenn Green, who is having AFIB Ablation surgery on January 18<sup>th</sup> [Colleen had the date wrong], and for Colleen’s niece, Shannon, who is a cardiac specialist flying from Atlanta to Arizona to be with Glenn. Colleen’s sister, Cheryll, also flew to Arizona to help. Cheryll’s husband, Joe has been in Arizona since Christmas day to be with his mom, who had a stroke.
- ♥ Continued prayers for Colleen’s dad, Bob Green, who contracted COVID, likely on a cruise in early December. He has been in and out of a coma since before Christmas. He is now at home in hospice care. He is learning that his wife is in charge, and he has to listen to her – not an easy lesson for him. He is 93 years old. Prayers for peace during this transition, and for his wife, Barb as well.
- ♥ Gayle Downen - Please pray for Marylou N., my friend who visited me in September. She is a little person who had surgery on Monday January 9th for a total hip replacement. Two-thirds of her femur will also be removed, and the 'new parts' will be attached to the remaining one-third of her femur. Prayers for support, comfort and much love, as Marylou anticipates this major surgery. Prayers also for medical team to be able to help Marylou in every possible way.
- ♥ Katie Ford - Please pray for safety for Kyle Kryder and his flight crew. They departed for deployment to Djibouti, East Africa on Friday January 6th. It was a 4-day journey with multiple refueling stops before arriving in Africa on January 10th. They'll be deployed until April.



# just for fun



Want a challenge?  
Fold back this page to hide  
the picture clues.

-   
saltshaker
  
fish
-   
bell
  
banana
-   
comb
  
crown
-   
ladle
-   
spoon
-   
fork
  
flower
-   
toothbrush
-   
cherry
-   
wishbone
  
carrot
-   
musical note